

# Advanced Directives

## Advanced Care Planning

Advance care planning is a process for future medical care in case you are unable to make your own decisions. This process will assist you in preparing for a sudden unexpected illness from which you expect to recover, as well as the dying process and ultimate death. It also allows you to maintain control over how you are treated so that you receive the type of care that you desire.

## Advance Directives

As part of the advance care planning process, advance directives are legal documents that govern how your health care decisions are made, and notify your doctors and others about your wishes in case of a serious medical problem that prevents you from deciding for yourself.

Having advance directives can be extremely helpful to your family and loved ones because they will not have to second guess your wishes.

To learn more visit our Advanced Directives page on our website or visit the sites below:

New York: Health Care Proxy ([https://www.everplans.com/sites/default/files/New\\_York\\_Health\\_Care\\_Proxy\\_Form.pdf](https://www.everplans.com/sites/default/files/New_York_Health_Care_Proxy_Form.pdf))

New York: Living Will ([https://www.everplans.com/sites/default/files/New\\_York\\_Living\\_Will\\_Form.pdf](https://www.everplans.com/sites/default/files/New_York_Living_Will_Form.pdf))